

Hours of Operation

Mondays and Tuesdays: 7am to 7pm

Wednesdays: 7am to noon

Weekend appointments possible upon special arrangements

When justified due to a patient's health condition, I offer house calls or visits to the hospital or other facilities. These are charged the same fee as office visit + \$50 per hour of commuting time.

Your Investment - Fees

Please note that my fees are temporarily reduced to support an expansion of my clinical practice after a two-year writing sabbatical.

An initial visit (1.5 hour) requires your investment of \$175.00 and consecutive visits (one hour) are \$150.00 each. A discount of 10% is offered for an upfront payment of at least four visits. It is likely that with two to three months of weekly visits you will have achieved results and completed our work together.

As handling financial matters during clinical sessions detracts time and energy from the clinical work, **all fees are to be paid prior to visits.**

Payments may be made from this website. **If you have an appointment(s)** already scheduled, click on the yellow "Pay Now" button on the "Contact Us" page. **If you need to schedule an appointment**, click "Schedule Online" on the right upper side of the home page. This will open the scheduling page where you choose your appointment and pay at the same time. Payments are made through PayPal account and /or by a credit card (you do not have to have a PayPal account to make a credit card payment through the PayPal system). Payment may also be made by personal check. Please note that there is a \$35 fee for all checks returned for insufficient funds.

Scheduling and Canceling Appointments

Please use the scheduling program linked on the home page of my website. If the program does not work or you have problems with it, please call me directly at (703) 780-9898. Any cancellation or rescheduling has to be made at least 48 hours in advance of the visit by calling me at (703) 780 9898 or sending an email at wesmd@selfhealingcare.com. Administration fee \$50.00 is charged for any cancellations/ changes made in less than 48 hours prior to visit. "No shows" are charged the full fee of the visit.

Late Arrival to Appointments

I have a strict "on time," "no exception" policy for my patients and myself as a sign of mutual respect. This means that you don't need to wait. However, if you arrive late for our session, your appointment will end at the scheduled time and you will be charged for the length of the originally scheduled visit. Traffic is not an excuse since it is a constant factor in our area. If I am late, your payment for the session is reduced to half price.

Insurance

Like most alternative medicine providers, I am an out-of-network provider for insurance plans. I will prepare you a “super bill” that lists the codes for your diagnosis and procedures. It will be up to you to submit this “super bill” to your insurance company. Some PPO and POS insurance carriers partially reimburse my charges once you have met your deductible. I do not participate in Medicare. Please note that as I don't employ administrative staff, I do not have the resources to communicate with your medical insurance carrier directly.

Contacting Me

By phone. You are welcome to call me at (703) 780-9898 when you have questions or observations after our sessions. If I do not respond immediately, please leave a message and I will call you back as soon as I can.

By email. Please limit the use of email to the confirmation and cancellation of appointments only.

Please remember that I don't provide emergency care; if you have a medical or psychological emergency, call 911 or go directly to the nearest ER.

Also please note that I am not your primary care physician. Rather, I function as a consultant. Therefore, I recommend that you also have a primary care physician while working with me.

By signing below I,.....,
(print name)

acknowledge that I read, understand and agree to the office policies as listed above.

Signature

Date